

Scripture Passages

- Luke 5:1-11—Call of Peter
- 1 Thessalonians 5:16-18 – Pray without ceasing
- Luke 11: 1-13 – Teach us to Pray
- Psalm 119 – Blessed are those who walk with the Lord
- John 6:60-71 – To whom else shall we go?

St. Simon Parish
Second Mountain Retreat
-- Session 1 --



Blessing for Longing (John O'Donohue)

Blessed be the longing that brought you here
And quickens your soul with wonder.

May you have the courage to listen to the voice of desire
That disturbs you when you have settled for something safe.

May you have the wisdom to enter generously
into your own unease
To discover the new direction your longing wants you to take.

May the forms of your belonging
— in love, creativity, and friendship
—Be equal to the grandeur and the call of your soul.

May the one you long for long for you.
May your dreams gradually reveal the destination of your
desire.
May a secret Providence guide your thought and nurture your
feeling.

May your mind inhabit your life with the sureness with
which your body inhabits the world.
May your heart never be haunted by ghost structures of old
damage.

May you come to accept your longing as divine urgency.
May you know the urgency with which God longs for you.

Reflection Questions

- What is my biggest loss right now?
- In what stage of grief am I during this time? (Denial, anger, bargaining, depression, acceptance).
- Where do I need to start with my prayer life?
- What things that are holding me back from a closer relationship with Jesus Christ?