

Living the Eucharist: Circle of Life

Session 5 Handout: Sending Forth Movement

I. Questions for Reflection:

- What did I hear tonight that surprised me or is new to me?
- Describe a time when I felt blessed by someone else
- Is there someone to whom I need to give my blessing today?
- What is one step I can take to ensure that I share the joy of the Eucharist?

II. Scripture

- John 15:1-10—Vine and Branches
- John 13:1-15—Washing of the Disciples' Feet
- Luke 6: 43-45—A Tree Known by its Fruit

III. Closing Prayer

Living Presence

(Edwina Gately, *A Mystical Heart*)

We are each of us
a bit of God,
a scrap of divinity.
If we would know it,
Oh! If only
we could know it,
we would walk the earth
in awe,
eyes shining in splendor,
hearts suspended in delight
at the miracle
of the living God
gracing our days
and nights.