



St. Simon Parish Retreat 2024
“Seeds of Contemplation: Be Still and Know I am God”
Schedule

Friday, October 25

5:00 - 5:45 pm - Check-in and Conversation

5:45 - 6:45 pm - Dinner

7:00 - 8:15 pm - Session 1 “*Your Role in the Garden of Life*”

Fr. Brendan, with Catholic Musicians & Composers, Meredith Augustin & Trevor Thomson

8:15 - 9:00 pm - Evening Prayer with Music, Fr. Brendan, Meredith & Trevor

Saturday, October 26

8:00 - 8:30 am - Worship & Praise - Meredith

8:30 - 9:15 am - Breakfast

9:15 - 10:45 am - Session 2 “*Planting the Seeds*”, Fr. Brendan, Meredith & Trevor

10:45 am - 12:00 pm Break Out Activities 1

12:00 - 1:00 pm - Lunch & Quiet Time for Personal Reflection

1:00 - 2:30 pm - Session 3 “*Understanding the Garden of Life*”, Fr. Brendan, Meredith & Trevor

2:30 - 3:00 pm - Reflection Activity

3:00 - 3:30 pm - Quiet Time

3:30 - 4:45 - Break Out Activities 2

5:00 - 6:00 pm - Mass

6:00 - 6:45 pm - Dinner

7:00 - 9:00 pm - Closing Prayer Service with Music, Fr. Brendan, Meredith & Trevor

Break Out Activities

- Art Activity - Art Room, led by Teresa Giovanzana with Angela Schaufler
- Adoration Presentation - STEM Classroom led by Fr. Dat (* only at 10:45am)
- Faith Sharing Small Groups - Holy Family Room, Spooner Hall & Jude Room (Jim Arena, Terri & Jim Chapman, Gavin Corn & Dave Lipscomb)
- Reconciliation & Conversation with Priests - Library with Fr. Chris & Fr. Dat (Piéta)

Activities that are open all day

- Adoration - Chapel
- Labyrinth - Outside
- Meditation Walk - Outside
- Our Lady - In front of the Rectory
- Our Lady of Lourdes - Near Kindergarten Classrooms & Bridge
- St. Francis of Assisi - Side garden of Parish Office, right side of office, past the steps)
- Nourishment & Conversation - Gym

Register at www.stimon.church

Questions? Email Rachel & Clare at communications@stsimon.org

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