

Friday & Saturday, October 24 - 25, 2025

Parish Retreat & Concert
Fr. Brendan McGuire, Meredith Augustin, & Sarah Hart

Joy!

FROM GRATITUDE
to GROWTH



Friday, October 24th

5:00 - 5:45 pm - Check-in and Conversation

5:45 - 6:45 pm - Dinner

7:00 - 8:30 pm - Session 1 *"Pillars of the Mind"*

Fr. Brendan, Meredith Augustin and Sarah Hart

Saturday, October 25th

8:00 - 8:30 am - Morning Prayer with Meredith Augustin and Sarah Hart

8:30 - 9:15 am - Breakfast

9:15 - 10:45 am - Session 2 *"Pillars of the Heart"*

10:45 am - 12:00 pm Breakout Activities 1 (see list below)

12:00 - 1:00 pm - Lunch & Time for Personal Reflection

1:00 - 2:15 pm - Session 3 *"Pathways to Joy, Part 1"*

2:15 - 3:30 pm - Breakout Activities 2 (see list below)

3:30 - 4:45 pm - Session 4 *"Pathways to Joy, Part 2"*

4:45 - 5:00 pm - Break

5:00 - 6:00 pm - Mass

6:00 - 6:45 pm - Dinner

7:00 pm - Concert with Sarah Hart and Meredith Augustin

Breakout Activities

"Joy-filled Windows of Light" Art Activity: School Art Room with Teresa Giovanzana and Angela Schaufler (near the school's entryway)

"Words of Joy" Reflection: Spooner Hall with Christine Moore (Hall off Church vestibule)

Faith Sharing Conversations:

- Holy Family Room with Dave Lipscomb (Room off of the Church vestibule)
- Jude Room with Teresa Pleins (Room in the Parish Center, turn right as you enter)

Confession: Convent Chapel with Fr. Dat & Fr. Thanh (Front door facing Grant Rd)

Meditation Walk & Labyrinth: Self guided walk around campus (see map)

Adoration: Church Chapel coordinated by Judy Chin & Jean Rousseau

Nourishment & Meals: Parish Center Gym



Scan this QR Code to be directed to
the Saint Simon Retreat Playlist
with music from Sarah Hart